

# Healing the Mind, Body and Spirit

## A Workshop for Professionals working with Adult Survivors of Childhood Abuse and Neglect



Presented by Kenneth W. Schmidt, MA, LPC, NCC

**Workshop Date and Time: August 24, 2023 8:30-5:00**

Check in begins at 8:00; lunch will be provided

**Location: St. Thomas More Church, 421 Monroe St., Kalamazoo**

This site is fully accessible

**Cost:** This workshop is provided free by a grant from Kalamazoo County ARPA funds **For Counselors and Social Workers who want to receive continuing education hours, there is a charge of \$150 (payable to Trauma Recovery Associates)**

**Registration:** Please register by sending the completed form and payment to Trauma Recovery Associates, 1608 Lake Street, Kalamazoo, MI 49001, or call 269-459-2121 to register and pay via credit card.

Registrations are due by **August 19, 2023.**

### OBJECTIVES

**This training will enable you to**

1. Explain the dynamics and impact of childhood abuse and neglect on adult survivors
2. Identify attachment ambivalence in the lives of trauma survivors
3. List common cognitive distortions that survivors employ in daily living
4. Explain the reason and dynamics of avoiding and integrating emotions
5. Identify the locus of control shift in the lives of trauma survivors
6. Explain the processes of forgiveness and grieving and their role in trauma recovery

### CONTINUING EDUCATION INFORMATION

**Social Workers:** We expect this course to be approved by the Michigan Social Work Continuing Education Collaborative. Approval # is pending. If you wish to report a problem with this training, contact [rmingus@nasw-michigan.org](mailto:rmingus@nasw-michigan.org) or call 517.487.1548, x 17.

**Counselors:** Trauma Recovery Associates has been approved by NBCC as an Approved Continuing Education Provider ACEP No. 6746. Programs that do not qualify for NBCC credit are clearly identified. Trauma Recovery Associates is solely responsible for all aspects of the programs.



**This workshop on August 24, 2023 is presented by  
Trauma Recovery Associates  
and a grant from Kalamazoo County's ARPA funds.**

The workshop is therefor **free of charge** to participants  
which includes a training manual, lunch, and refreshments.

Social workers and counselors who want to receive 7.5 clock hours of continuing education,  
**send \$150.** In order to receive continuing education hours, participants must attend all day,  
sign in before and after each break, and complete an evaluation form.

**Please register by August 19, 2023.**

Name \_\_\_\_\_

(please print your name)

Professional License Number (if requesting Continuing Education hours)

Position/Title \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

E-mail \_\_\_\_\_

Dietary Restrictions \_\_\_\_\_

\_\_\_\_\_ I am registering for continuing education credit (include a fee of \$150).

